

At Marsh Green Primary School we regard PSHE as an important and integral component of the whole curriculum. The PSHE curriculum is embedded throughout our daily school life. We model positive relationships, self-image and communication skills with others in all our day to day interactions as well as teaching skills explicitly in circle time and PSHE lessons. We believe that PSHE is central to the school's philosophy and ethos, its aims, attitudes and values. They have been recognised as being fundamental in enabling children to take increased responsibility for their own learning and hence maximise their potential. PSHE should help children deal with social pressures affecting their learning thereby raising standards of academic achievement. This in turn raises their self-esteem and personal health/ wellbeing. PSHE should help to give the pupils knowledge, skills and understanding they need to lead a confident, healthy, independent life and become informed, active, responsible citizens.



Marsh Green Primary School

PSHE Overview

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------|---|---|---|---|--|--|
| Year 1 | Learning new daily routines Settling in to new learning environment Establishing class rules Learning behaviour expectations | Me and my relationships Being a good friend Looking at feelings Kind and unkind behaviours Bullying E-safety | Me and my feelings (different feelings and emotions) Me and my healthy lifestyle (Personal Hygiene) (Ways of keeping healthy) | Me and keeping safe (When and when not to keep secrets) (Safety in the home and environment) | Me and my relationships (Families and their differences) | Me and making a positive contribution (looking after places) |
| Year 2 | Learning new daily routines Settling in to new learning environment Establishing class rules Learning behaviour expectations | Me and my relationships What makes a good friend How to resolve conflicts How behaviours affect others Bullying E-safety | Me and keeping safe (Playing in safe environments) (Rules of the road) (Stranger danger) | Me and keeping safe (When and when not to keep secrets) | Me and my healthy lifestyle (dealing with worries) Me and making a positive contribution (Difference and Diversity) | Transition from KS1 to KS2 Unit |
| Year 3 | Learning new daily routines Settling in to new learning environment Establishing class rules Learning behaviour expectations | Me and my relationships Looking and sounding friendly Peaceful problem solving to sort out difficulties Bullying | Me and my feelings (Managing feeling) | Me and keeping safe ('keeping something confidential or secret') | Me and making a positive contribution (Children and their human rights) | Me and my healthy lifestyle (Personal Hygiene) |
| Year 4 | Learning new daily routines Settling in to new learning environment Establishing class rules Learning behaviour expectations | Me and my relationships Why do we need friends? Friendship taken and ways to give them out Bullying E-safety | Me and behaviour (Anti social and aggressive behaviour) | Me and keeping safe ('keeping something confidential or secret') | Me and medicine and drugs (smoking) Me and making a positive contribution (how rules and laws are enforced) | Me and my healthy lifestyle (introducing first aid) |
| Year 5 | Learning new daily routines Settling in to new learning environment Establishing class rules Learning behaviour expectations | Me and my relationships How to resolve conflicts Working collaboratively Compromising Supporting others Points of view Social media- E-safety | Me and behaviour (Risky behaviour) | Me and keeping safe 'keeping something confidential or secret' | Me growing and changing (Preparing for puberty) Me and making a positive contribution Challenging discrimination | Me and making a positive contribution (Junior savings) Mini enterprise Me and my healthy lifestyle (CPR) |
| Year 6 | Learning new daily routines Settling in to new learning environment Establishing class rules Learning behaviour expectations | Me and my relationships Different types of relationship Accept and appreciate peoples friendships E-safety | Me and making a positive contribution Democracy Me and making a positive contribution (debating topical issues) | Me and keeping safe 'keeping something confidential or secret' | Me and medicine and drugs (Drugs education) | Me growing and changing (SRE) (Personal hygiene) |